

AFTER - CARE LIPS

AM & PM 10 DAY POST TREATMENT INSTRUCTIONS:

BEGIN AFTERCARE ROUTINE BEFORE BED ON THE DAY OF YOUR PROCEDURE)

- WASH HANDS THOROUGHLY WITH ANTIBACTERIAL SOAP.
- BLOT LIPS FIRMLY WITH A TISSUE EVERY 5-10 MINUTES FOR THE FIRST HOUR IMMEDIATELY AFTER YOUR PROCEDURE TO REMOVE EXCESS LYMPHATIC FLUID. THIS WILL HELP TO REDUCE SCABBING.
- ADD A PEA-SIZE AMOUNT OF "CLEANSE AFTERCARE" TO THE PALM OF YOUR HAND & MIX WITH TINY AMOUNT OF WATER.
- GENTLY PAT THE CLEANSER ONTO THE TATTOO. DO NOT WASH/RUB AGGRESSIVELY.
- GENTLY RINSE THE AREA WITH A SMALL AMOUNT OF WATER.
- PAT THE AREA COMPLETELY DRY WITH A CLEAN TOWEL OR TISSUE.
- APPLY A THIN LAYER OF "GLOSSED AFTERCARE" THROUGHOUT THE DAY EVERY THREE HOURS TO KEEP LIPS HYDRATED & MOIST.

AVOID THE FOLLOWING FOR THE NEXT 72 HOURS:

- NO SWEATING.
- NO SUNBATHING.
- NO WETTING, EXCEPT FOR DAILY AFTERCARE ROUTINE.
- NO TOUCHING, EXCEPT FOR DAILY AFTERCARE ROUTINE.

AVOID THE FOLLOWING FOR THE NEXT TWO WEEKS:

- RETINOIDS, GLYCOLICS, VITAMIN C, AHA/BHA'S, ENZYME WASHER, SERUMS, ETC.
- OTHER BEAUTY TREATMENTS SUCH AS LASERS, PEELS, WAXING, TINTING, ETC.
- HEAVY SWEATING: SALT REMOVES PIGMENT.
- PICKING, PEELING, OR SCRATCHING. THIS MAY RESULT IN SCARRING OR BALD SPOTS. LET ANY SCABBING FLAKE AND FALL OFF ON THEIR OWN.
- SWIMMING, SAUNAS, DIRECT SUN/UV EXPOSURE.
- ANY TASK THAT CAUSES SWEATING IN DUSTY/DIRTY PLACES; THERE ARE AIRBORNE MICROBES, MOLDS, & GERMS THAT MAY CAUSE INFECTION.
- DRIVING IN OPEN VEHICLES SUCH AS MOTORCYCLES, BOATS, CONVERTIBLES, BICYCLES, ETC.
- EATING SPICY FOODS.

OTHER INSTRUCTIONS TO FOLLOW:

- ONCE COMPLETELY HEALED, IT IS RECOMMENDED TO APPLY SUNSCREEN DAILY ON THE TREATED AREA TO PREVENT FADING.
- IF YOU'VE EVER HAD ANY COLD SORE OUTBREAKS ON THE OUTSIDE AREA OF YOUR MOUTH OR ON YOUR LIPS, YOU MUST TAKE PRESCRIBED ANTIVIRAL MEDICATION THREE DAYS AFTER YOUR SESSION. THE LIP TATTOOING PROCEDURE WILL TRIGGER AN OUTBREAK WHICH WILL AFFECT YOUR HEALING PROCESS!
- AVOID BOTOX AND FILLERS FOR THREE WEEKS.
- USE A STRAW TO DRINK LIQUIDS DURING THE POST PROCEDURE PERIOD.
- MOISTURIZE AND LET SKIN SHED NATURALLY, THE TRUE COLOR WILL APPEAR IN 4 WEEKS.
- BOOK YOUR TOUCH UP APPOINTMENT NO EARLIER THAN _____ AND NO LATER THAN _____.